

# MY CHILD IS IN CRISIS! WHO DO I CALL?

**IF THERE IS INJURY OR THREAT OF INJURY, DIAL 911**

If your child has been impacted by depression, trauma, violence, defiant behavior, and/or drug or alcohol use, call the NJ Children's System of Care at 1-877-652-7624. It is open 24/7/365.

## What is the Children's System of Care?

It is New Jersey's free or low cost behavioral health system for kids up to age 21. It provides eligible youth with coordinated access to mental health supports, substance use treatment and services for intellectual or developmental disabilities.

### It can include:

- **Mobile Response and Stabilization Services (MRSS)**, real time de-escalation and crisis counseling with a clinician at your home or any location.
- **BioPsychoSocial (BPS) Assessment** is a one-time, in-home evaluation by a licensed clinician to determine if your child can benefit from behavioral supports and services.
- **Care Management Organization (CMO)** connects families to treatment services for youth that are displaying/experiencing significant emotional and behavioral health concerns.
- **Intensive In-home Services (IIS)**, is designed to concentrate on behaviors where they take place — in the home, in the community or in school. It may include individual, group and family sessions.

## How much do services cost?

Services recommended and authorized are paid by a variety of sources, such as Medicaid, NJ FamilyCare, and commercial insurance or self-pay. Families will be asked to provide insurance information.

## What if I want out of home (residential or group home) treatment for my child?

It is national best practice that youth be served at home and in their communities. Out-of-home treatment is considered a last resort and is sought only after having exhausted every effort at a community-based plan.

